May Newsletter

What a fun packed month at the Hub! We have seen lots of families coming to enjoy some time together crafting and having lots of Spring and Easter Fun. We welcomed 80 local residents to our Young at Heart St Georges day event , which brought food, singing ,dancing and lots of fun. We have already had lots of requests for another event ... Watch this space! The Hub Gardens have seen lots of change looking very vibrant with the help of volunteers from Good Gym coming in to prep and the Wildlife Trust and Volunteers planting. We look forward to another great month at the Hub and thank everyone who made all these events possible.
- *Bushmead Hub Management Team*

St George's Day

Thank you to everyone who attended our Young at Heart St Georges Day Party
A three-course meal for 80 people, singing from Simon Barter, Dancing, Quiz, Bingo and a Raffle! A special Thankyou to Ian, Vera and Dave and the fantastic team of volunteers from Luton Social Justice Unit. We are please to announce **£300** was raised from the raffle which is going towards developing our Wildflower Gardens .

Look out for updates on Future events!

Easter Family Activities

Two weeks of sold-out Activities including Easter bonnets and Baskets, potting planters in the Garden with help from Ieva at the Wildlife Trust, making our own chocolate nests, decorating Easter eggs and an Egg trail. Thank you to all who attended, we have more sessions coming up in the May half term so keep your eyes on our socials for more details!

THE LIFE OF ABRAHAM

A man who inspired billions across Islam, Christianity and Judaism.

Join us for an unforgettable evening as we explore a journey of faith, courage and legacy.

A community event for those of all faiths and none. Free entry.

SUNDAY 18 MAY 2025
6PM to 9PM (dinner included)

Please register here:
bit.ly/life-of-abraham

Bushmead Community Hub
Hancock Drive, Luton, LU2 7SF

07943 266 303

DCA Wellbeing & Dance — Achieving New Heights

JOIN ME! TUESDAYS
7:45PM - 8:45PM
BUSHMEAD
COMMUNITY HUB,
LUTON

BOLLYWOOD BLAST HOUR

CARDIO FUELLED BY BOLLYWOOD BEATS

💪 Boost cardiovascular health
😊 Fun & energising
🎉 Open to all shapes, sizes, and backgrounds"
✅ No experience needed!

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@dca_wellbeing_dance
FB / Instagram / TikTok
email info@dcaltd.co.uk

£32 FOR 4 SESSIONS
£9.50 DROP IN

UKIM have this very interesting event coming soon. Please register using the QR code.

DCA are running several groups and events at the Hub - follow their Facebook page for more updates.

Luton Angling club have an exciting event for those interested in getting involved in fishing, on the Grand Union Canal at Slapton - Monday 5th May. The slots last for 1 hour, and there is a small charge to attend. All tackle and bait is provided. All our coaches are fully qualified, and DBS checked. Those fishing must be over 6.

Let's Fish - Leighton Buzzard- Luton AC-05/05/25 Tickets, Mon 5 May 2025 at 09:30 | Eventbrite

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Wildlife Trust Update

The Wildlife Trust were able to complete the Hub's front garden area with some further planting thanks to help from local volunteers. The Good Gym (**GoodGym- Do Good, Get Fit | Luton**) helped to prepare the new area before Wildlife Trust staff led a small group of local volunteers in creating a larger area of planting that will benefit pollinating insects such as bees.

In addition to planting, the area now includes logs to provide habitat for beetles and other invertebrates underground, bird feeders and bug hotels to demonstrate how we can all take action in our own gardens to make room for nature. Over the Easter holidays we opened up the rear garden to the public to enjoy this space and help us plant potatoes, sow vegetable seeds for the garden and to take home, and children could complete our bird egg trail.

We run fortnightly sessions at the Bushmead Hub garden on a Tuesday morning and always welcome new people who are keen to learn more and help out with this space. Please contact Ieva for more details: **ieva.piraga@wildlifebcn.org.uk**

If you do decide to add a little wild area into your garden you could try 'No Mow May' (**Plantlife's No Mow Lawn Guide - Plantlife**) and the Wildlife Trust has some excellent online advice found here: WildlifeGardening | Wildlife Trust for Beds Cambs & Northants
The Trust has also recently supported local residents in creating a new meadow area for wildflowers at the top of Waterhall Lane and would be willing to hear from anyone who has any of their own ideas for supporting nature and making our area a more attractive place for people and wildlife.

Please visit our website for more details of what activities we run and how to contact us: <ins>Wilder Luton | Wildlife Trust for Beds Cambs & Northants</ins>

Thank you so much to the Wildlife Trust and GoodGym for their wonderful work on the garden areas!