



March 2025 Newsletter

Wow, 2 months of the year gone! In February we had great fun hosting our family activity sessions with lots of community members attending. Our March newsletter is jam-packed with upcoming events and information so grab a cup of tea and settle in - we have so much to share with you!



We had such a great time at our February half term family activity sessions! So many children being so creative! A huge thank you to everyone who came along and our wonderful staff team who made it all possible.

We have more sessions running through the year - you can book for the upcoming Easter sessions below!

[Easter Sessions Booking](#)

Ramadan - UKIM Luton North



UKIM Luton North have kindly provided us with some information about Ramadan and the practice of fasting. Community is all about learning from and supporting each other. UKIM meet every Friday for Friday prayers - Khutbah is at 12:40 and prayers are at 1pm.

Ramadan, is the ninth month of the Islamic calendar and the 4th Pillar of Islam. It is the most sacred month because in this month the Last and Final Divine Revelation to Mankind, The Quran, was sent down by God to His Last and Final Messenger, Muhammad, whilst he was meditating in the Cave Hira in the mountain just outside of Mecca. Allah tells us in the Quran: "We have indeed revealed this in the 'Night of Power'. And what will explain to you what the night of power is? The Night of Power is better than a thousand months." (Chapter 97, Verses: 1-3) Muslims increase their devotion and remembrance of God during Ramadhan. In addition to the five daily prayers, Muslims pray a special long prayer called the Tarawih prayer every night. Prophet Muhammad told us to search for the night of power in the last 10 nights of Ramdhan. 27th night being the most likely one.

During this month, Muslims fast from dawn until sunset every day Allah instructs us in the Quran: "O ye who believe! Fasting has been enjoined upon you, as it was enjoined upon those before you, so that you may develop strong Taqwa (remembrance and fear of God) (Chapter 2, Verse: 183) Fasting is the unique moral and spiritual training programme for Mankind. Physically it requires believers to abstain "completely" from foods, drinks, intimate sexual relations and smoking whilst fasting. Spiritually it requires strong moral and pious behavior. Prophet Muhammad explained this aim of fasting when he said, "Whoever does not give up false and bad speech and evil actions, Allah is not in need of him to give up his food and drink (i.e. Allah will not accept his fasting.)". So, fasting develops strong moral and pious life style. The fast is broken at the end of the day with prayer and a festive meal called an iftar. At the end of the month of Ramadan, Muslims celebrate their efforts with a prayer and festival of Eid al-Fitr as shown by God's Messenger Muhammad. Friends and families gather for festive meals and exchange gifts. Finally, God tells us in Hadith Qudsi: All the actions of the children of Adam are for them except for fasting it is for me and I alone will reward for it.

Sing Space Upcoming Events



LUTON MUSICAL THEATRE CHOIR presents

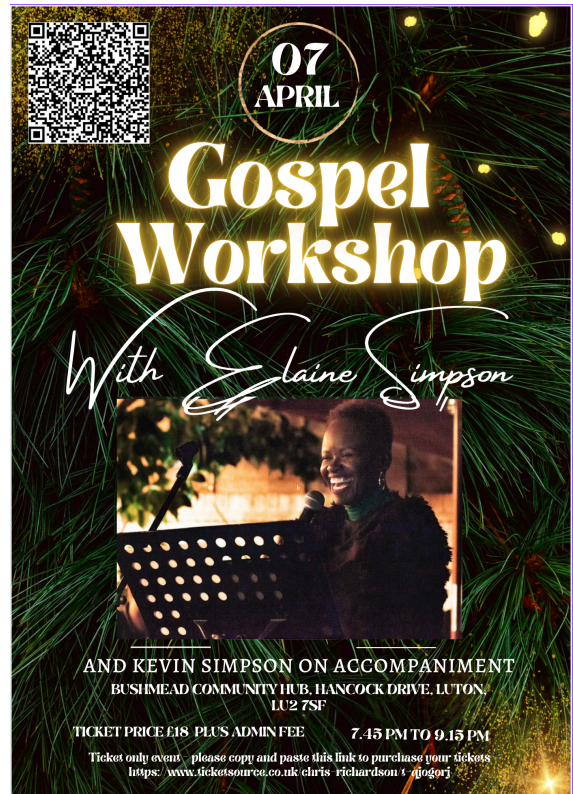
SPRING CONCERT

SONGS FROM HIT MUSICALS INCLUDING COME FROM AWAY, HAIRSPRAY, GREATEST SHOWMAN AND MUCH MORE....

WITH SOLOS FROM OUR TALENTED CHOIR MEMBERS

[HTTPS://WWW.TICKETSOURCE.CO.UK/CHRIS-RICHARDSON/T-RPVYPQJ](https://www.ticketsource.co.uk/chris-richardson/t-rpvypqj)

DOORS OPEN AT 7.45 PM / TICKETS £10
MONDAY 31ST MARCH

07 APRIL

Gospel Workshop


With Elaine Simpson

AND KEVIN SIMPSON ON ACCOMPANIMENT

BUSHMEAD COMMUNITY HUB, HANCOCK DRIVE, LUTON, LU2 7SF

TICKET PRICE £18 PLUS ADMIN FEE 7.45 PM TO 9.15 PM

Ticket only event - please copy and paste this link to purchase your tickets
<https://www.ticketsource.co.uk/chris-richardson/t-qogorj>



Book your Spring Concert
tickets here!

Book your Gospel Workshop tickets here!

Baby and Child First Aid

Would you know what
to do in an emergency?

CPR, Choking, Bumps, Bleeding,
Breaks, Burns, Febrile Seizures &
Meningitis Awareness



Bushmead Community Hub

28th March 2025 7pm-9pm

12th April 3pm-5pm

10th May 1.30pm-3.30pm

For more info or to book, visit
➤ <https://bedfordshire.minifirstaid.co.uk/>



Mini First aid have updated their session times to try and suit the needs of the community better!

Wildlife Trust Garden Update



The Wildlife Trust enjoyed running a family day of activity at the hub during half term. Almost 30 people turned up to enjoy some T-Shirt designing with the Bedfordshire Badger group, some willow weaving, seed sowing and nature based crafts. Children could takeaway what

they made and we hope they will plant the herbs and wildflowers in their own gardens to attract bees and other pollinating insects.

The Wilder Luton project is all about enabling people to enjoy nature more and take action to look after it. Our regular clubs for children and walks for all resume in March and on 10th April we will run another day at the Hub. This time families can enjoy some outdoor fun in the back garden whilst any willing volunteers (all ages and abilities) can help us to expand the new planting area outside the front of the Hub.

We hope you agree last year's planting was an improvement on the existing shrubs but to ensure the new planting thrives and survives we are looking to local people to help us look after the hub garden.

For more details please visit our website or contact Matt on 07874895633 or matt.sutcliffe@wildlifebcn.org

Wildlife Trust Website



BUSHMEAD
COMMUNITY HUB

Young at Heart
St Georges Day
Community Lunch
£5 per
person

Wednesday 23rd April 2025
12.30pm till 4.30pm

Three course lunch
Entertainment
and so much more!

PRIZE
RAFFLE
PRIZE
DONATIONS
WELCOME

BINGO
AND
ENTERTAINMENT

FOOD
AND
DRINKS

BUSHMEAD COMMUNITY HUB - LU2 7SF
PLEASE BOOK YOUR PLACE AT RECEPTION
TELEPHONE - 01582 422818 EMAIL - TEAM@BUSHMEADHUB.CO.UK

Young at Heart St Georges Day lunch
is coming this April!

Book your place at reception!

Thank you for reading Bushmead Hub's March newsletter! We hope you have a great month!

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